

# Garment Sewing with Tina VanDenburg

## December 2 Sewing Workshop Description (Fit and Flare Knit Dress):

In this class, we will take a pattern for a simple knit dress (with a fitted bodice, sleeves and an a-line skirt) and adjust it to fit your unique body and style. Then we'll cut it out and sew it up... all in time for dinner! You'll go home with your new knit dress and a pattern to make more. We'll work on adjusting a sewing pattern, dress construction and sewing knits with a basic machine. Beginner friendly, Tina asks only that you know how to use a sewing machine and can sew an effective seam. All garments will be made with easy-to-fit and comfortable, knit fabric.

## Participants for the garment sewing classes need to bring the following materials with them to the December 2 workshop:

- {44" wide fabric - 3.25 yards}  
{58" wide fabric - 2.5 yards}  
This is enough fabric for a knee-length dress with short sleeves. If you want a longer dress, bring more fabric. The stretchier the fabric, the more fitted the dress. A jersey or an interlock would be good choices; the interlock will have more structure. <sup>[L]</sup><sub>SEP</sub>
- Thread to match your fabric. Choose a quality thread, poor quality thread will give you trouble in your machine and be less durable on your garment. I prefer the Gutterman Brand.
- Jersey or Knit Needles, either a medium size or a variety pack. You want the needle to match the weight of your fabric. (smaller needle for a thin, lightweight knit fabric and a thicker needle for a thicker knit fabric) Size 14 is a good average size.
- Clear elastic - 1/4" or 3/8" wide
- Wash Away Tape - Like Wonder Tape - for hemming
- Bring your sewing machine, power cord, foot pedal, standard presser foot, **owners manual (important!)**, bobbins, sewing kit, needles, thread, fabric. Your machine need only be able to do a straight stitch and a zig zag. There are a few machines for lend at the class, call the library to reserve.
- Remember to prewash and dry your fabric so that your final project doesn't shrink.